

## Early Years

### Me and My Relationships

All about me  
What makes me special  
Me and my special people  
Who can help me?  
My feelings  
My feelings (2)

### Valuing Difference

I'm special, you're special  
Same and different  
Same and different families  
Same and different homes  
Kind and caring (1)  
Kind and caring (2)  
Keeping Myself Safe  
What's safe to go onto my body

### Keeping Myself Safe

What's safe to go into my body (including medicines)  
Safe indoors and outdoors  
Listening to my feelings (1)  
Keeping safe online  
People who help to keep me safe

### Rights and Responsibilities

Looking after my special people  
Looking after my friends  
Being helpful at home and caring for our classroom  
Caring for our world  
Looking after money (1): recognising, spending, using  
Looking after money (2): saving money and keeping it safe

### Being My Best

Bouncing back when things go wrong  
Yes, I can!  
Healthy eating (1)  
Healthy eating (2)  
Move your body  
A good night's sleep

### Growing and Changing

Seasons  
Life stages - plants, animals, humans  
Life Stages: Human life stage - who will I be?  
Where do babies come from?  
Getting bigger  
Me and my body - girls and boys

## Year1

### Me and My Relationships

Why we have classroom rules  
Thinking about feelings  
Our feelings  
Feelings and bodies  
Our special people balloons  
Good friends ✖  
How are you listening?

### Valuing Difference

Same or different?  
Unkind, tease or bully?  
Harold's school rules  
Who are our special people?  
It's not fair!

### Keeping Myself Safe

Healthy me ✖  
Super sleep ✖  
Who can help? (1)  
Harold loses Geoffrey  
What could Harold do? ✖  
Good or bad touches?

### Rights and Responsibilities

Harold's wash and brush up  
Around and about the school  
Taking care of something  
Harold's money  
How should we look after our money?  
Basic first aid

### Being My Best

I can eat a rainbow ✖  
Eat well  
Catch it! Bin it! Kill it!  
Harold learns to ride his bike  
Pass on the praise!  
Harold has a bad day

### Growing and Changing

Inside my wonderful body! ✖  
Taking care of a baby  
Then and now  
Who can help? (2)  
Surprises and secrets  
Keeping privates private

## Year 2

### Me and My Relationships

Our ideal classroom (1)  
Our ideal classroom (2)  
How are you feeling today?  
Bullying or teasing?  
Don't do that!  
Types of bullying ✖  
Being a good friend ✖  
Let's all be happy! ✖

### Valuing Difference

What makes us who we are?  
How do we make others feel?  
My special people  
When someone is feeling left out  
An act of kindness  
Solve the problem

### Keeping Myself Safe

Harold's picnic ✖  
How safe would you feel?  
What should Harold say?  
I don't like that!  
Fun or not?  
Should I tell?  
Some secrets should never be kept

### Rights and Responsibilities

Getting on with others  
When I feel like erupting  
Feeling safe  
How can we look after our environment?  
Harold saves for something special  
Harold goes camping

### Being My Best

You can do it!  
My day  
Harold's postcard - helping us to keep clean  
and healthy  
Harold's bathroom  
My body needs... ✖  
What does my body do? ✖

### Growing and Changing

A helping hand  
Sam moves house  
Haven't you grown!  
My body, your body  
Respecting privacy  
Basic first aid

## Year 3

### Me and My Relationships

As a rule  
My special pet  
Tangram team challenge  
Looking after our special people  
How can we solve this problem?  
Dan's dare  
Thunks  
Friends are special ✖

### Valuing Difference

Family and friends  
My community  
Respect and challenge  
Our friends and neighbours  
Let's celebrate our differences  
Zeb

### Keeping Myself Safe

Safe or unsafe?  
Danger or risk?  
The Risk Robot  
Alcohol and cigarettes: the facts ✖  
Super Searcher  
None of your business!  
Raisin challenge (1)  
Help or harm? ✖

### Rights and Responsibilities

Our helpful volunteers  
Helping each other to stay safe  
Recount task  
Harold's environment project  
Can Harold afford it?  
Earning money

### Being My Best

Derek cooks dinner! (healthy eating)  
Poorly Harold  
For or against?  
I am fantastic!  
Getting on with your nerves! ✖  
Body team work ✖  
Top talents ✖

### Growing and Changing

Relationship Tree  
Body space  
Secret or surprise?  
**My changing body** (to be taught Y4)  
Basic first aid

## Year 4

### Me and My Relationships

An email from Harold!  
Ok or not ok? (part 1)  
Ok or not ok? (part 2)  
Human machines  
Different feelings  
When feelings change  
Under pressure

### Valuing Difference

Can you sort it? ✖  
Islands  
Friend or acquaintance?  
What would I do?  
The people we share our world with  
That is such a stereotype!

### Keeping Myself Safe

Danger, risk or hazard?  
Picture Wise  
How dare you!  
Medicines: check the label ✖  
Know the norms (formerly Tell Mark II) ✖  
Keeping ourselves safe  
Raisin challenge (2)

### Rights and Responsibilities

Who helps us stay healthy and safe?  
It's your right  
How do we make a difference?  
In the news!  
Safety in numbers  
Logo quiz  
Harold's expenses  
Why pay taxes?

### Being My Best

What makes me ME! ✖  
Making choices ✖  
SCARF Hotel ✖  
Harold's Seven Rs  
My school community (1)  
Basic first aid

### Growing and Changing

Moving house  
My feelings are all over the place!  
All change!  
My changing body (See Y3)  
Period positive  
Secret or surprise?  
Together

## Year 5

### Me and My Relationships

Collaboration Challenge!  
Give and take  
How good a friend are you?  
Relationship cake recipe  
Being assertive ✖  
Our emotional needs ✖  
Communication

### Valuing Difference

Qualities of friendship  
Kind conversations  
Happy being me  
The land of the Red People  
Is it true?  
It could happen to anyone

### Keeping Myself Safe

'Thinking' about habits  
Jay's dilemma  
Spot bullying  
Ella's diary dilemma  
Decision dilemmas  
Play, like, share  
Drugs: true or false? ✖  
Smoking: what is normal? ✖  
Would you risk it? ✖

### Rights and Responsibilities

What's the story?  
Fact or opinion?  
Rights, responsibilities and duties  
Mo makes a difference  
Spending wisely  
Lend us a fiver!  
Local councils

### Being My Best

Getting fit ✖  
It all adds up! ✖  
Different skills  
My school community (2)  
Independence and responsibility  
Star qualities?  
Basic first aid

### Growing and Changing

How are they feeling?  
Taking notice of our feelings  
Dear Hetty

## Appendix 1

Changing bodies and feelings  
Growing up and changing bodies  
It could happen to anyone  
Help! I'm a teenager - get me out of here!  
Dear Ash  
Stop, start, stereotypes

### Year 6

#### Me and My Relationships

Working together  
Let's negotiate  
Solve the friendship problem  
Assertiveness skills Behave yourself ✖  
Dan's day  
Don't force me  
Acting appropriately  
It's a puzzle

#### Valuing Difference

OK to be different  
We have more in common than not  
Respecting differences  
Tolerance and respect for others  
Advertising friendships!  
Boys will be boys? - challenging gender stereotypes

#### Keeping Myself Safe

Think before you click!  
Traffic lights  
To share or not to share?  
Rat Park  
What sort of drug is...?  
Drugs: it's the law! ✖  
Alcohol: what is normal? ✖  
Joe's story (part 1) ✖  
Joe's story (part 2)

#### Rights and Responsibilities

Two sides to every story  
Fakebook friends  
What's it worth?  
Jobs and taxes  
Action stations!  
Project Pitch (parts 1 & 2)  
Happy shoppers  
Democracy in Britain 1 - Elections  
Democracy in Britain 2 - How (most) laws are made

### Being My Best

Five Ways to Wellbeing project  
This will be your life! ✖  
Our recommendations  
What's the risk? (1) ✖  
What's the risk? (2)  
Basic first aid

### Growing and Changing

Helpful or unhelpful? Managing change  
I look great!  
Media manipulation  
Pressure online  
Is this normal?  
Dear Ash  
Making babies  
What is HIV?