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Year 2 - Me and My Relationships

Key questions

Bullying and Teasing

What is bullying?

What is teasing?

Does bullying happen a lot?

How can you help someone who is being bullied?

School Rules About Bullying

What helps our classroom to be happy & friendly?

Do classroom rules help to stop bullying? How?

Being a Good Friend

Who is a good friend and why? What makes a good friend?

How are you a good friend?

Could you be a better friend?

How can you help others to be a good friend?

Feelings and Self-Regulation

Do we have the same feelings?

Why do we have different feelings?

How do we show our feelings?

What are safe and healthy activities to get angry energy out?

How can we help our feelings come out?

Key vocabulary

feelings   happy

teasing   bullied   care

repeated   bullying

friendship   help   rules

friendly   safe   break

I can ...

I can tell you some ways that I can get help, if I am being bullied and what I can do if someone teases me.

I can suggest rules that will help to keep us happy and friendly and what will help me keep to these rules. I can also tell you about some classroom rules we have made together.

I can give you lots of ideas about being what makes a good friend and also tell you how I try to be a good friend.

Most of the time I can express my feelings in a safe, controlled way.

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Year 2 - Valuing Difference

Key questions

Being Kind and Helping Others
What can you do if you feel left out? How can you help someone who is being left out?
Why do people leave others out?
Listening Skills
What makes someone a good listener?
How can you be a good listener?
How does being a good listener help you?
How does being a good listener help other people?
What is a different point of view?
Can listening skills help with arguments?
How can good listening skills help with arguments?
Why is it important to listen to another person's point of view?

Key vocabulary

unique   calm   point of view
behaviour listening feelings
helpful   problem   unkind
respect   different   arguments
kindness   listen
special people

I can ...

I can say how I could help myself if I was being left out.

I can give a few examples of good listening skills and I can explain why listening skills help to understand a different point of view

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Year 2 - Keeping Safe

Key questions

Safe and Unsafe Secrets

Are secrets safe?

Do all secrets need to be kept secret?

Who is a safe person to talk to?

Appropriate Touch

Are all touches ok?

If something feels wrong, what can someone do to stay safe?

How can you help someone who has been asked to keep an unsafe secret?

Who is a safe person to talk to?

Medicine Safety

Are medicines always helpful?

What can people do to help themselves get better?

Why can a medicine be harmful?

How can someone stay safe with medicines?

Key vocabulary

medicines feelings tell
safe touch worried
secret surprise unsafe
private uncomfortable
someone you trust

I can ...

I can give some examples of safe and unsafe secrets and I can think of safe people who can help if something feels wrong..

II can give other examples of touches that are ok or not ok (even if they haven't happened to me) and I can identify a safe person to tell if I felt 'not OK' about something.

I can explain that they can be helpful or harmful, and say some examples of how they can be used safely.

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Year 2 - Rights and Respect

Key questions

Cooperation and Self-Regulation

What can help you to feel calm and settled at home?

How does it help?

What can help you to feel calm and settled in the classroom?

How does it help?

Can you help other people to feel calm and settled in class? How?

Why is it important to feel calm and settled?

Key vocabulary

share   listen

calm   erupt

control   ask for help

unsettled   home

school   feelings

I can ...

I can give examples of when I've used some of these ideas to help me when I am not settled.

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Year 2 - Being My Best

Key questions

Looking After My Body

How do we get energy?

What parts of the body turn food into energy?

What do we need to do to stay healthy?

Why do we need to keep doing certain things to stay healthy?

Growth Mindset

What can you do if you find something difficult?

Which goals have you set to help yourself?

Does setting a goal help with your learning? How?

Key vocabulary

achieve   germs   injection
rest   choices   brain   soap
vaccination   choose   water
large intestine healthy
lungs stomach energy learn
food   small intestine
exercise   oxygen   teeth

I can ...

I can name different parts of my body that are *inside* me and help to turn food into energy. I know what I need to get energy.

I can explain how setting a goal or goals will help me to achieve what I want to be able to do.

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Year 2 - Growing and Changing

Key questions

Life Cycles
What helps us to grow?
Who helps us to grow?
What can you do by yourself now?
What are you looking forward to when you are 10 years old?
What are you looking forward to when you are 21 years old?

Dealing With Loss
How does it feel to lose something?
How does it feel to say goodbye to someone or something for a long time?
Can we stay in touch with someone? How?

Being Supportive
What positive things can we say to someone about something they have done?
Why is it good to help someone?
What is a good way to help someone if they are finding something difficult?

Key vocabulary

supportive   loss   change
nipples   food   feelings
help   forward   growig
penis   care   goodbye
learning   safe   upset
vulva

I can ...

I can tell you who helps us grow (people who look after us) and what things I can now do myself that I couldn't when I was younger.

I can give examples of how it feels when you have to say goodbye to someone or something (e.g. move house).

I can give examples of how to give feedback to someone.