

The Six Strands

What is it?

We know that childhood is a crucial time for paving the way towards a lifetime of success, fulfilment and happiness. Just as children need to learn (and be 'taught') things like reading and maths, so too do they need support, direction and modelling of the social, emotional and behavioural aspects of learning and development. By being proactive in addressing this aspect of learning from a very early age, we are promoting the rounded growth and development of our children and equipping them with vital lifelong skills.

The Six Strands Curriculum is one way that Burley & Sopley promotes positive behaviours, emotions and relationships for all children. It aims to equip children with the skills, attitudes, behaviours and characteristics to help deal positively with the many and varied social and emotional contexts and challenges they will encounter as they grow.

What are the 'six'?

The six key 'Strands' are:

- Boundaries
- Resilience
- Focus
- Respect
- Self-Regulation
- Independence.



How will we use it in school?

Each half term we will focus on a different strand. There will be assemblies and lessons that focus on the strand and explicitly teach the skills to develop it. We will share stories about characters and people who are good role models for the strand.

The strands are progressive and children are given support to recognise what their next step is.

We have badges that are awarded to different children daily.

How can parents help at home?

Each half term we will let you know what the focus is and you can talk to your child about that skill. We will also send home some ideas that you can do at home to develop that strand.

If they wear the badge - ask them why they got it and celebrate!

