

A Curriculum with HEART....

Our forest/rural surroundings encourage curiosity and wonder and therefore our curriculum is an adventure that allows our children to explore new things, discover more about themselves and the world around them and create a toolkit of knowledge and skills that mean they are well equipped to face the next stage of their adventure. Our values run through everything we do and mean we face adventures with HEART.

PE Subject Statement 2024-2025

The vision of PE within The Federation of Burley and Sopley Primary School is to inspire, challenge and motivate pupils so that they can become more physically active and confident, with a smile on their faces.

In line with the national curriculum for physical education we aim to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Our schools provide a PE curriculum that allows the children to learn for life through memorable, engaging and meaningful ways. We use Real PE to develop, apply and embed their skills, starting with the fundamental movement skills. It allows children to acquire and develop the knowledge, skills and vocabulary they need to be successful and teaches them to be independent learners that can challenge themselves appropriately.

Swimming is taught in Y3 and Y4 to ensure that all of our children are confident swimmers by the time they leave our school.

Additional opportunities for PE

Children are offered a range of different opportunities to engage in sports activities throughout the school day. Sports leaders organise structured games at lunchtime so that sports equipment is available for children to use. We have PE leaders that encourage and support their peers within the school to engage and instill a positive attitude in sports during every school day.

After school provision includes some planned sports activities such as rugby, football, cross country and cricket. In-school expertise is supplemented by our engagement with outside providers such as Chance to Shine Cricket and New Forest Schools Partnership. Pupils take part in a Daily/ Golden Mile and earn marathon certificates throughout the year - there is a good understanding of how physical exercise also improves our mental health and our ability to concentrate and therefore supports learning.

This academic year we have been able to participate in local sporting competitions as part of the New Forest Schools Partnership enabling children to enjoy a range of sports at a range of abilities.

Our Year 5 pupils take part in the REAL PE Leadership Programme so that they are ready to take on the challenges of school leadership once they begin year 6.

